



South West Kickboxing Association
Official Rules and Regulations
(Adoption by the Board of Directors)

President/Founder: Art Monsiviaz
2006

Contained in this document are the official rules and regulations of the South West Kickboxing Association and must govern all SWKA sanctioned events. These rules and regulations shall be enforced by the representatives of the SWKA. These rules and regulations are the property of the SWKA and the use of such rules do not mean or should not imply that such an event is sanctioned by the SWKA. To attain the SWKA sanctioning, a properly signed sanction agreement must be submitted, which becomes a binding contract when signed by the promoter and the President of the SWKA. The promoter shall be required to use the name and logo of the SWKA on all print and media of the event.

International Rules

Fouls:

Striking - Hands

1. All punches must be above the waist
2. Punches must hit with front part of the glove
3. On spinning backfist, the striking surface is from the top of the wrist to the top of the glove.
4. No slapping, elbows, karate chops or forearms.
5. No striking to the back of the head.
6. If any part of an opponent is touching canvas besides his feet, you may not strike!!

Feet and Legs

1. Fighters may kick to the opponent's legs as well as upper body.
2. Kicks may be made with the shin or top of the foot.
3. Kicks are allowed to the inside and outside of opponent's legs.
4. Kicks are not allowed to the opponents knees
5. Kicks are not allowed to the fighter's groin.
6. Direct side kick style kicks to the opponent's legs are not allowed.

International Rules Dress code: Shorts are MANDATORY to clearly show it's a leg kick bout.

International Rule Safety Equipment: USA boxing approved headgear, mouth piece, groin protector, handwraps,(shin guards optional)

***Fight gloves will be provided by the promoter of said event.

Cornerman Rules:

1. You are allowed 3 cornermen per fighter at the ring
2. One cornerman may enter ring during 1 min. break, one can stand on the outside of ropes, one remains on the floor of the venue.
3. Do not use rude or abusive language while coaching your fighter.
4. Do not approach a referee or judge aggressively. Calmly ask referee to pay closer attention to something the other fighter may be doing.
5. Do not slap the mat during any part of the fight.
6. Clean up any ice or water spillage between rounds ALWAYS
7. **Never get on any part of the ring or canvas during the fight unless you are stopping the fight!! Automatic disqualification!!**
8. Cornerman has the right to throw in the towel on behalf of his fighter.

Referee:

- \$ The referee will have the discretion to give a standing eight count. The safety of the fighter will be the paramount concern. If the referee feels it is necessary, he may stop the fight at that time.
- \$ If a fighter is knocked down three times in one round, the fight will be declared over.
- \$

The SWKW representative or SWKA referee have the power to discipline any broken rules.

Fighters and Cornermen:

- \$ Give one verbal warning
- \$ Deduct a point from their fighter
- \$ Expel the Cornerman from the fight or Venue
- \$ Disqualifying fighter, ending the bout.

Officials note:

Any rules or regulations not specifically covered by this existing document will be clarified during pre-fight meetings, instructions given to the fighters prior to the start of the fight or during discussions between the promoter, coaches and or fighters. Any protests of the outcomes of a fight, rulings of the judges or referee and the interpretation of the rules, must be submitted in writing to the President of the SWKA., within 10 work days of the contest.

www.zianet.com/ckk

Email: dobanega@yahoo.com