



## 2009 Del Norte Series Swim Meet

Hosted by WETT Swim Club



1st Session – October 3, 2009  
2<sup>nd</sup> Session – November 14, 2009  
3<sup>rd</sup> Session – January 9, 2010

- Event:** **Del Norte Meet - Session #2** **November 14, 2009**
- Host:** West Texas Typhoon Swim Club
- Sanction:** Held under the sanction of USA Swimming, Inc. and Border Swimming, Inc. Sanction #BD 09-12.
- Purpose:** The 2009 Del Norte Swim Meet is a series of three sessions (October 3, November 14, 2009 and January 9, 2010.) The purpose of the meet series is to introduce new age group swimmers to the conduct of swim meets and to the policies and procedures of competitive swimming organized under USA Swimming.
- The meet will intentionally be run in a more relaxed manner to help the developing swimmers (and swim parents) become familiar with the meet process. However, all current USA Swimming rules will be enforced. All Parents, Coaches, swimmers, and officials are urged to be patient and supportive. As well as new swimmers, there will be new coaches and new officials on deck.
- Disclaimer:** In granting this sanction, it is understood and agreed by all parties that USA Swimming, Border Swimming, meet sponsors, the Ysleta Del Sur Pueblo, and the City of Socorro, County of El Paso shall be free and held harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.
- Facility:** Ysleta Del Sur Wellness Center  
11200 Santos Sanchez Street  
El Paso, TX 79927
- Twenty five (25) yard pool with eight (8) racing lanes and several warm-down lanes; sloped starting blocks; changing rooms with showers and lavatories. Electronic timing equipment (Colorado timing and Hy-Tek software) will be used. Concessions will be available. No food will be allowed in the pool area.
- Meet Director:** Cindy Crane
- Meet Referee:** Jim Holcomb

- Safety Marshal: Tony Gallegos
- Eligibility: All swimmers must be USA Swimming registered athletes for either 2009 or 2010. All swimmers must be 12 years old or younger on October 3, 2009. There will be no on-site registration.
- Entries: Swimmers may enter one, two, or all three sessions of the meet. However, each of the three sessions will be entered separately, i.e., requires a separate team entry. Athletes will compete in each of the sessions based on their age on October 3, 2009, i.e., swimmers will **not** "age up" for sessions in the meet series.
- Entry fees: Entry fee is \$15 per swimmer per session (not per event) in the series, i.e., to enter all three sessions, the total would be \$45.
- Late entries: DECK ENTRIES WILL BE ACCEPTED ON A LANE AVAILABILITY BASIS UNTIL 30 MINUTES PRIOR TO THE START OF THE SESSION. EXTRA HEATS WILL NOT BE CREATED. Late entries will be \$20.00 (swimmer can swim 4 events) payable 30 minutes prior to the start of the day's session. This includes the addition of an event or change of events for swimmers entered in the meet. There will be no exceptions made.
- Time Standard: Athletes may NOT enter an event in which they have previously achieved a BB time prior to the first session. This type of meet is intended for developmental swimmers. **A parent or coach who knowingly enters into an event a swimmer who has achieved a BB time in that event prior to October 3, 2009 shall be subject to a fine of \$100 per event.**
- Entry Limit: Swimmers are limited to a maximum of four (4) events per session.
- Rules: 2009 USA Swimming and, where applicable, 2009 Border Swimming rules and regulations will govern the conduct of the meet. The USA Swimming whistle start and no recall procedure will be used. **Coaches and officials will be required to display their 2009 or 2010 registration cards.**
- Entry forms: Team entries are to be submitted in Hy-Tek Team Manager format either by email or 3.5 diskette. Teams with less than five (5) swimmers may submit hard copy entries. Each athlete's USA Swimming ID number, full name, and date of birth must appear in the entry. Checks are to be made payable to WETT Swim Club. USA-S membership affidavit must be signed and returned with entries. The entries will be returned if the affidavit and entry fees are not submitted.
- Seeding: The meet is a pre-seeded, timed finals event. Sessions #1 and #2 will be circle seeded and Session #3 will be seeded for a timed final.
- Scoring: The age of the swimmer as of the first Del Norte session (October 3, 2009) will be the age group in which that swimmer will compete and score for the entire series. Age groups for the Del Norte are 6&Under, 7-8, 9-10, and 11-12. Points will be awarded as follows:  
9, 7, 6, 5, 4, 3, 2, 1 for 1<sup>st</sup> – 8<sup>th</sup> place in each event at each session.

- Awards: Ribbons for 1<sup>st</sup> – 8<sup>th</sup> place. Also a participation ribbon will be given in the award envelopes. There will be a small award given to heat winners. Awards will be given to High Point winners, combining all points received in all 3 sessions. These awards will be presented at the conclusion of Del Norte Session #3.
- Entry Deadline: **Entries deadline for Del Norte Session #2 will be October 27<sup>th</sup>.  
Give Entries to your coach!**  
Del Norte Session #3 will be December 18.
- Time Trials: Following the 3<sup>rd</sup> Del Norte session on January 9<sup>th</sup>, and beginning at 12:30 p.m., there will be time trials conducted for distance freestyle events. The time trials are open to all USA registered swimmers and are not restricted to swimmers participating in the Del Norte series or eligible for the Del Norte series. The events will be deck-entered and deck-seeded. All entries are due by 11:30 a.m. on January 9<sup>th</sup>, one-hour prior to the scheduled finish of Del Norte Session #3. Swimmers may enter one time trial event at an entry fee of \$10. Sanction # BD 10-01 is approved for the January 9, 2010 Time Trials.
- Swimwear: Swimsuits worn by males in all 14 & under age group competition shall not extend above the waist nor extend further down the legs than the top of the kneecap (patella). Swimsuits worn by females in all 14 & under age group competition shall not extend past the top of the shoulder, cannot cover any part of the arms nor extend further down the torso than the buttocks. Suits for both genders (14 & under) may not contain non-permeable panels. Moreover, swimmers may wear only one suit in competition (FINA GR 5.3). The Referee shall have the authority to bar offenders from the competition until they comply with the rule (102.9.1C).
- Swimwear must comply with current FINA and USA Swimming Rules & Regulations.
- Sportsmanship: No competitive contest can be held without competent and impartial officials. Officials must have the respect and support of coaches, athletes, and spectators. Likewise, officials must conduct themselves in a courteous and respectful manner toward coaches, athletes and the public. On and/or off-record criticism of officials to swimmers or the public shall be considered unethical behavior. For a coach to address uncomplimentary remarks to any official during the progress of the meet, or indulge in behavior which might incite competitors or spectators against officials shall be considered conduct unworthy of a member of the coaching profession and will result in the removal of the offender from the facility as well as further disciplinary action. The same is true for officials.
- Warm-ups: Border Swimming Mandatory warm-up policies will be in effect. The policies are included below in the invitation and will be posted and enforced at the meet.

## **BORDER WARM-UP AND MEET SAFETY PROCEDURES**

### **WARM-UPS:**

1. All Coaches will serve as marshals during warm ups and will be responsible for monitoring and enforcing safety rules and regulations in assigned warm up lanes.
2. All meet warm ups shall be scheduled for two 30 minute sessions. Teams shall be assigned a warm up session and notified of such session by the host team. When the number of swimmers does not warrant splitting the session, one warm up session may be held.
3. The first twenty (20) minutes of each session shall be designed as a GENERAL WARM UP SESSION. There shall be FEET FIRST ENTRIES ONLY AND AT ALL TIMES during the general warm up session. Lanes may be used for pace, circle, or return swim only. Swimmers shall not mount the starting blocks at any time. The pace shall be carefully controlled by the coaches. Loitering and visiting in the lanes is not allowed.
4. During the last ten (10) minutes of each warm up session, you may use your assigned lane as a sprint lane.

### **MEET:**

1. Meet officials working the meet shall serve as safety marshals.
2. There shall be No Diving at any time during the meet. Swimmers in backstroke events or the backstroke leg of the medley relay must enter the water feet first.
3. Warm up and warm down lanes, if provided by the host team, will operate under the same rules and regulations and general warm-up lanes, with the exception that a maximum of 10 swimmers will be allowed in the warm-up/down lane at any one time.

### **GENERAL:**

1. No running, fighting, or horseplay will be allowed.
2. Dangerous objects are banned, including but not limited to the following: skateboards, hard balls, rocks, marbles, guns, glass, slingshots, appliances or radios using anything other than batteries, chewing gum or candy (in the water), and any other object deemed unsafe by a coach, chaperone, or safety official.
3. No towel popping.
4. Smoking and/or use of other tobacco products and/or the consumption of alcoholic beverages is prohibited in all areas of the venue, including, but not limited to, the pool deck, locker rooms, spectator seating or standing areas, and in all areas used by swimmers.
5. No swimming perpendicular to lane lines.
6. The coach, chaperones, or safety marshal in charge must remain on the premises until all other participants have departed.

## EVENTS FOR DEL NORTE SERIES MEET

Warm up: 7:00 AM  
 Meet Start: 8:10 AM

Girls Event #	BB Time Slower than:	Events	BB time Slower than	Boys Event #
1	17.99	6 & U 25 Free	17.84	2
3	17.99	7-8 25 Free	17.84	4
5	36.19	9-10 50 Free	35.59	6
7	1:08.29	11-12 100 Free	1:08.09	8
9	24.09	6 & U 25 Back	21.70	10
11	24.09	7-8 25 Back	21.70	12
13	43.49	9-10 50 Back	43.89	14
15	37.09	11-12 50 Back	36.79	16
17	24.09	6 & U 25 Breast	23.79	18
19	24.09	7-8 25 Breast	23.79	20
21	47.79	9-10 50 Breast	48.19	22
23	41.09	11-12 50 Breast	41.09	24
25	21.14	6 & U 25 Fly	21.14	26
27	21.14	7-8 25 Fly	21.14	28
29	42.99	9-10 50 Fly	41.99	30
31	35.39	11-12 50 Fly	35.49	32
33	1:40.29	7-8 100 IM	1:37.29	34
35	1:34.39	9-10 100 IM	1:31.39	36
37	1:20.29	11-12 100 IM	1:18.29	38