



COMMITTED TO EXCELLENCE

**Good Fun – Fast Swimming – Good Citizens – Great Family Activity**

## 2009 TURKEY SPLASH INVITATIONAL MEET November 20-22, 2009

- Host:** The Desert Sharks Swim Club
- Sanction:** Held under the sanction of USA Swimming, Inc., Sanction #BD-0914
- Location:** Ysleta Del Sur Pueblo Wellness Center  
11200 Santos Sanchez  
El Paso, Texas 79927  
Phone (915) 858-8639
- Facilities:** The Ysleta del Sur Wellness and Recreation Center is a state of the art facility (8 lane 50Mx25Y pool). The meet will be conducted in one indoor, 8-lane, 25 yard pool with non-turbulent lane lines, using Colorado Timing System and Hy-Tek Meet Manager software. Sloped starting blocks and backstroke flags are in place. Designated warm-up lanes will be available throughout the meet. The competition course has been certified in accordance with 104.2.2C(4). The copy of the certification is on file with USA Swimming. Separate dressing rooms, showers and lavatories for men and women, with limited seating on deck of the pool with a mezzanine for clear view of the entire pool. Concessions with food and drink will be available with full meals for sale by Tigua Indian owned and operated restaurants.
- Directions:** Directions to the pool using I-10:  
Take I-10 East to the Americas Ave Exit (Loop 375). Exit I-10 and enter Loop 375 going south. Exit at Socorro Rd. Turn left onto Socorro Rd. Proceed approximately 4 miles and turn right on Tiwa Blvd. toward the Tribal housing area. The Wellness Center entrance is on your left as you proceed on Santos Sanchez street. Please obey all posted speed limits.
- Directions to the pool using the Border Highway:  
Take the Border Highway east. Eventually it becomes Americas Ave (Loop 375 North). Exit Loop 375 North at Socorro Rd. Turn right onto Socorro Rd. Proceed approximately 4 miles and turn right on Tiwa Blvd. toward the Tribal housing area. The Wellness Center entrance is on your left as you proceed on Santos Sanchez street. Please obey all posted speed limits.
- Sanctions:** In granting this sanction it is understood and agreed that USA Swimming, Border Swimming, Inc., The Tigua Indian Tribe of the Ysleta del Sur Pueblo, Desert Sharks Swim Club, and any sponsors shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event in accordance with USA Swimming, Inc., Rules and Regulations.
- Meet Director:** Angela Noriega
- Meet Referee:** Joe Brown
- Safety Marshall:** Joe Gomez
- Rules:** Unless otherwise noted herein, this meet shall be conducted in accordance with the 2009 USA Swimming Rules and Regulations. The USA whistle start and no



**Event Seeding:**

This is a PRE-SEEDED, timed final, short course, age group meet. All relays will be deck entered and seeded. Positive check in is required for events 400 and longer 30 minutes prior to the start of the session.

**Proof of Time:** Proof of times must be submitted with the entries and times will be checked using the USA Swimming SWIMS database.

**Late Entries:** DECK ENTRIES WILL BE ACCEPTED ON A LANE AVAILABILITY BASIS UNTIL 30 MINUTES PRIOR TO THE START OF EACH SESSION. EXTRA HEATS WILL NOT BE CREATED. Late entries will be \$7.50 per event payable 30 minutes prior to the start of each day's session. All swimmers who deck enter will be required to show proof of current USS/FINA/Federacion Mexicana de Natacion registration. There will be no on deck USA Registration.

**Age Groups:**

The age groups for this meet will be 6 & Under, 7-8, 9-10, 11-12, 13-14, 15-16, and 17 & Over.

Scoring:	1st	2nd	3rd	4th	5th	6th	7th	8th
Individual	9	7	6	5	4	3	2	1
Relays	18	14	12	10	8	6	4	2

Relays score only team points, and will not be included in Individual High Point totals.

**Awards:**

Team Trophies	1st, 2nd, 3rd
Individual Events	1st through 8th
Relay Events	1st through 3rd
High Points*	1st -3rd in each age group – 6 & Under, 7-8, 9-10, 11-12, 13-14, 15-16, 17 & Over

**\*Ties for high point will be broken using the Hy-Tek Age Group Point System for 16 and under and FINA point system for 17 and over.**

No competitive contest can be conducted without impartial, competent officials. Officials deserve the respect and support of swimmers, coaches, and spectators. Officials must always be treated in a courteous manner. Likewise, officials must conduct themselves in a professional and courteous manner toward all swimmers, coaches and spectators. On or off-record criticism of officials by coaches directed toward swimmers or spectators shall be considered conduct unworthy of members of the coaching profession. Similarly, comments by officials critical of coaches, whether in public or private, shall be considered unethical behavior.

**Warm-ups:**

Border mandatory warm up procedures will be enforced. A USA-Swimming/FINA registered coach for each swim team must be present to conduct their team's warm-up sessions. Warm up lane assignments will be posted at the pool behind the starting blocks. In addition, lane assignments are included in the coach's packet.

1. General warm up (initial period)
  - a. All lanes to be used for general warm-up. Circle swimming only.
  - b. Swimmers must enter the pool feet first. NO DIVING or JUMPING allowed from the blocks or the edge of the pool.
  - c. No sprinting or pace work allowed during general warm up session.

2. Coach Responsibilities
  - a. Coaches shall instruct their swimmers regarding these safety guidelines and warm up procedures as they apply to conduct at meets and practices.
  - b. Coaches shall supervise and be responsible for the conduct of their swimmers throughout the meet, including the warm-up session.
3. All meet warm ups shall be scheduled for two 30 minute sessions. Teams shall be assigned a warm up session and notified of such session by the meet director. When the number of swimmers does not warrant splitting the sessions, one warm up session may be held.
4. The first twenty (20) minutes of each session shall be designated as a GENERAL WARM UP SESSION. There shall be FEET FIRST ENTRIES ONLY AND AT ALL TIMES during the general warm up session. Lanes may be used for pace, circle, or return swim only. Swimmers shall not mount the starting blocks at any time. The pace shall be carefully controlled by the coaches. Loitering and visiting in the lanes is not allowed.
5. During the last TEN (10) minutes of each warm up session sprint lanes shall be open as follows: the lane you have been assigned for warm-up will be your sprint & return lane. Before using sprint lanes, they must be cleared of all swimmers. There will be NO DIVING at any time. RACING STARTS ONLY will be allowed at the start end, but the swimmers swim back in return lanes.
6. There shall be NO DIVING (only racing starts) at any time during the meet. Swimmers in backstroke events or the backstroke leg of the medley relay, MUST ENTER THE WATER FEET FIRST.
7. Warm up and warm down lanes will operate under the same rules and regulations as general warm up lanes, with the exception that a maximum of 10 swimmers will be allowed in the warm-up/down lane at any one time. Diving and racing starts (backstroke included) are NOT permitted in the warm up/warm down lane.

**Timers and Lap Counters:**

Swimmers competing in the 500 free and 1650 free must provide their own lap counters. In addition swimmers in the 1650 free must provide their own timers. No exceptions will be made.

**Meetings:**

There will be an officials meeting 30 minutes prior to the start of each session and a coaches meeting 15 minutes prior to the start of each session.



## 2009 Turkey Splash Invitational Events

**Session I - Friday, November 20, 2009**

**Warm-ups: 4:00 PM Meet Starts 5:30 PM**

Girls	Age Group	Event	Boys
1	11 & Over	500 Free	2
3	10 & Under	200 IM	4
5	11-12	100 IM	6
7	11 & Over	400 IM	8

Events 1-8 will be swum fastest to slowest. Events 1-2 & 7-8 will alternate heats of women and men.

**Session II - Saturday, November 21, 2009**

**Warm-ups: 7:00 AM Meet Starts 8:30 AM**

Girls	Age Group	Event	Boys
	11-12	400 Free Relay	9
10	10 & Under	200 Free Relay	11
	11-12	200 Fly	12
13	10 & Under	100 Fly	14
	11-12	100 Back	15
16	10 & Under	100 Back	17
	11-12	50 Breast	18
19	10 & Under	50 Breast	20
	11-12	100 Free	21
22	10 & Under	200 Free	23
	11-12	200 Breast	24
25	10 & Under	50 Free	26
	11-12	50 Fly	27

**Session IV - Sunday, November 22, 2009**

**Warm-ups: 7:00 AM Meet Starts 8:30 AM**

Girls	Age Group	Event	Boys
	11-12	400 Medley Relay	47
48	10 & Under	200 Medley Relay	49
51	10 & Under	100 IM	52
	11-12	50 Free	53
54	10 & Under	50 Back	55
	11-12	100 Breast	56
57	10 & Under	100 Breast	58
	11-12	100 Fly	59
60	10 & Under	100 Free	61
	11-12	50 Back	62
63	10 & Under	50 Fly	64
	11-12	200 Free	65

**Session III - Saturday, November 21, 2009**

**Warm-ups: 1:00 PM Meets Starts: 2:15 PM**

Girls	Age Group	Event	Boys
28	11-12	50 Fly	
29	13-14	400 Medley Relay	30
31	11-12	400 Medley Relay	
32	15 & Over	400 Medley Relay	33
34	11 & Over	200 Fly	
	13 & Over	200 Fly	35
36	11 & Over	100 Back	
	13 & Over	100 Back	37
38	11 & Over	200 IM	
	13 & Over	200 IM	39
40	11 & Over	100 Free	
	13 & Over	100 Free	41
42	11 & Over	200 Breast	
	13 & Over	200 Breast	43
44	11-12	50 Breast	
45	11 & Over	1650 Free	
	11 & Over	1650 Free	46

Events 45-46 will be swum fastest to slowest alternating heats of women and men.

**Session V - Sunday, November 22, 2009**

**Warm-ups: 1:00 PM Meet Starts: 2:15 PM**

Girls	Age	Event	Boys
66	11-12	50 Back	
67	13-14	400 Free Relay	68
69	11-12	400 Free Relay	
70	15 & Over	400 Free Relay	71
72	11 & Over	200 Free	
	13 & Over	200 Free	73
74	11 & Over	100 Fly	
	13 & Over	100 Fly	75
76	11 & Over	100 Breast	
	13 & Over	100 Breast	77
78	11 & Over	200 Back	
	13 & Over	200 Back	79
80	11 & Over	50 Free	
	13 & Over	50 Free	81