

# LCAT

## April 2008

“Swim LCAT Swim Faster”

### Las Cruces Aquatic Team Schedule of Events

- 7th-Gold and Senior swimmers return to the water. Regular schedule and location 4:30-7pm @ NMSU
- 18th-Friday Night Sizzler-Beginning this Long Course season LCAT will be hosting a series of Intersquad meets for our Bronze and Silver swimmers. These meets are limited to LCAT swimmers only during regularly scheduled practice times at Frenger. More information will be made available.
- 26th-Border Swimposium: Swimposiums are held throughout the nation within each LSC. Swimposiums are education seminars for parents, swimmers, and coaches by USA swimming representatives. More information will be available shortly.
- May 2-4th: LCAT's Suntan Classic: This is LCAT's first home meet of the Long Course season and our biggest fundraiser of the year.

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7 Gold and Senior Swimmers return to the water	8	9	10	11	12
13	14	15	16	17	18 Friday Night Sizzler: Bronze and Silver	19
20	21	22	23	24	25	26 Border Swimposium
27	28	29	30		Suntan Classic	Suntan Classic