

LCAT

November 2008

“Swim LCAT Swim Faster”

Las Cruces Aquatic Team Schedule of Events

- November 1st: Del Norte #2, Ysleta Del Sur Athletic Center, El Paso.
Warm-up 7am
- November 3rd: Bronze swimmers move indoors to Frenger. (This is tentative, depending on the City)
- November 7 and 8th, 2009 USA Swimming Registration table will be set up during practice. All swimmers are required to register through USA swimming.
- November 12th: Turkey Splash Entries Due
- November 19th: Charger High Desert Classic Entries Due
- November 21-23rd: Turkey Splash, Tiagua, El Paso
- November 27th: Happy Thanksgiving!

Las Cruces Aquatic Team

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Del Norte #2
2	3	4	5	6	7 2009 USA Registration 4:30-6pm @ Frenger	8 2009 USA Registration 9-10:30am at NMSU
9	10	11	12 Turkey Splash En- tries Due	13	14	15
16	17 Bronze Swimmers Move back to Frenger	18	19 High Desert Classic En- tries due	20	21 Turkey Splash	22 Turkey Splash
23 Turkey Splash	24	25	26	27 Happy Thanksgiving	28	29
30						