



October 2008

“Swimming Fast is Fun!”

Las Cruces Aquatic Team Schedule of Events

- 4th– Del Norte #1, The Del Norte meets are geared towards beginner level swimmer and are a great spot for our Bronze and Silver level athletes. If your swimmer is interested in participating please speak with your coach
- 25-26th-SWAT Fiesta Meet, Tigua, El Paso, Open to all swimmers
- 30th– LCAT’s first Swim-a-Thon, this is a USA swimming sponsored event. Swimmers collect pledges and swim complete as many laps as possible in a given time period. This is a great opportunity to contribute to LCAT’s fundraising efforts. Teams and Swimmers are Nationally recognized for their accomplishments.
- 31st– Happy Halloween! Bronze and Silver Costume Contest.
- As the we move into the Fall and Winter months. Our LCAT Bronze members will move back to Frenger to swim indoors. Date TBA. Frenger is currently under renovations. Please contact your City Councilor to thank them for taking care of our facility.

Las Cruces Aquatic Team

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4 Del Norte #1
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25 SWAT FIESTA
26 SWAT FIESTA	27	28	29	30 Swim-a-Thon	31 Bronze and Silver Costume Contest	