

# LCAT

## September 2008

“Swim LCAT, Swim Faster”

### Las Cruces Aquatic Team Schedule of Events

- **1st**– No Practice all Groups!
- **4th**– Team Picnic at Veterans Park 5-7pm. No Practice!
- **13th**– Stroke Clinic 10:30-12:30pm @ NMSU.
- **20th**– Start and Turn Clinic 10:30-12:30pm @ NMSU
- **26-28th**: LCAT Fall Classic. This is LCATs biggest fundraiser of the Short Course Season. Sell your ads! (LCAT relies on our Heat Sheet ad sales to make money off our meets. The income made from our meets goes to help pay for pool rent, team equipment, and helps keep our monthly dues at a reasonable rate. Please do your part.)

Las Cruces Aquatic Team

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| Sun                        | Mon                                       | Tue | Wed | Thu   | Fri                        | Sat  |
|----------------------------|---|-----|-----|---|----------------------------|--|
|                            | 1<br>Labor Day.<br>No Practice            | 2   | 3   | 4<br>Team Picnic<br>5-7pm @<br>Veterans<br>Park | 5                          | 6  |
| 7                          | 8   | 9   | 10  | 11  | 12                         | 13<br>Stroke Clinic<br>10:30-12:30<br>(get ready for<br>the Fall Clas-<br>sic!)            |
| 14                         | 15<br>Meet Entries<br>Due Fall<br>Classic | 16  | 17  | 18  | 19                         | 20<br>Start and<br>Turn Clinic<br>10:30-12:30<br>(get ready for<br>the Fall Clas-<br>sic!) |
| 21                         | 22  | 23  | 24  | 25  | 26<br>LCAT Fall<br>Classic | 27<br>LCAT Fall<br>Classic   |
| 28<br>LCAT Fall<br>Classic | 29  | 30  |     |   |                            |  |