

# Tropical Times

Serving the Footprint of Freedom

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Volume 11, Number 43

U.S. Navy Support Facility, Diego Garcia, B.I.O.T.

October 9, 2001

## Aircraft, missiles hammer terrorists in Afghanistan

By Jim Garamone

American Forces Press Service

WASHINGTON – Aircraft and Tomahawk missiles hammered terrorist targets in Afghanistan, DoD officials said in a Pentagon press conference Oct. 8.

About 15 land-based bombers and 25 Navy strike aircraft from carriers participated in the first strikes, said Air Force Gen. Richard Myers, chairman of the Joint Chiefs of Staff. In addition, U.S. and British ships and submarines launched approximately 50 Tomahawk missiles.

Defense Secretary Donald H. Rumsfeld said the land-based bombers were U.S. B-2s, B-1Bs and B-52s. Most of the munitions dropped were precision-guided.

Rumsfeld said that any characterization of the strikes as an attack on the Afghan people is "flat wrong." He said the United States supports the Afghan people and that the attacks were aimed at Osama bin Laden's Al Qaeda terrorist network and the Taliban regime that supports him.

The secretary said a coalition of forces made the attacks possible. That coalition, he said, shares "the belief that terrorism is a cancer on the human condition, and we intend to oppose it wherever it is."

"What took place today, and what will take place in the period ahead, is part of the measured and broad and sustained response that the president announced shortly after the attacks on Sept. 11," Rumsfeld said during a press conference.

The attacks initially targeted anti-aircraft sites, Taliban combat aircraft and terrorist sites. The attacks set the stage "for sustained anti-terrorist and humanitarian relief operations in Afghanistan," Rumsfeld said.

The U.S. also started air dropping 37,500 humanitarian ration packets from two Air

Force C-17 transports to refugees within Afghanistan, Myers and Rumsfeld noted.

Rumsfeld said the attacks will make it harder for Al Qaeda to do business in Afghanistan. They will also make life difficult for the Taliban regime. He said the opening attacks were focused on hammering home a number of points, the first being a clear mes-

sage to the Taliban leaders that harboring terrorists is unacceptable and carries a price.

The attacks seek to acquire intelligence to facilitate future operations against Al Qaeda and the Taliban, he noted. They will further U.S. and coalition efforts to "develop relationships with groups in Afghanistan that

See "ATTACK," page 9.

## Kreutzberger takes over as NSF CMC



**CMDMC(SW/AW) Karl Kreutzberger (left) officially assumed the position of Navy Support Facility Diego Garcia Command Master Chief during a brief ceremony in the office of Capt. Michael Lucarelli, NSF Commanding Officer (center), Tuesday, Oct. 9, 2001. Kreutzberger, who previously served as CMC of NCTS Diego Garcia, relieved CMDMC(SW/SCW) John Huber (right), who will be retiring soon. "It has been my pleasure to work with all the outstanding people at NCTS Diego Garcia over the last seven months, and I am looking forward to working with the professionals I've met at NSF for the next year," said Kreutzberger. "Now that I've been on island for six months, I can see what kind of outstanding team exists on Diego Garcia. It's great to see how well so many tenant commands and different services can work together for one common goal."**

# Prostate cancer: early detection equals early successes

By J02 Ellen Maurer  
NNMC Public Affairs

WASHINGTON (NWS) – The National Naval Medical Center’s (NNMC) medical team says it’s time to go public with what some people consider a private topic: prostate cancer.

Prostate cancer is the most common cancer that strikes males in the United States. The American Cancer Association estimates that nearly 200,000 new cases of the disease are diagnosed each year. Nearly 40,000 males will die from the disease.

Despite these statistics, doctors say many are reluctant to get tested for this disease, mostly due to the uncomfortable, but necessary, rectal exam used to check for this condition.

Other reasons include the fear that if prostate cancer is discovered, it will most likely be either a literal death sentence, or a metaphorical death sentence to what they consider full and happy lives. Because of these preconceived notions, many choose to avoid finding out altogether.

They hear all the warnings about impotence and incontinence after prostate treatments, but what they don’t realize is that if

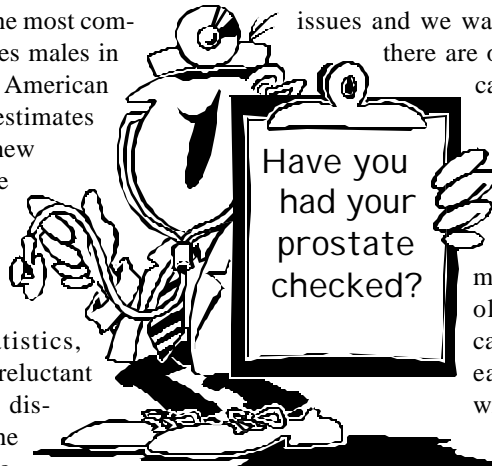
prostate cancer is caught early, many of the side effects can be treated.

“One of our main goals, if someone is diagnosed with prostate cancer, is getting them back to normal after their treatment,” says Lt. Cmdr. Charles Barnes, Nurse Corps (NC), urology service manager at NNMC. “We’re sensitive to those kinds of quality-of-life issues and we want men to know that there are options available that can help.”

Barnes says routine doctor visits for African-American males, 40 years old and older, and white males, 50 years and older, are crucial to catching cancer in its earliest stages. Those with family histories of prostate cancer should be evaluated at an earlier age.

During the visit, a doctor will perform a digital rectal exam. A prostate-specific antigen blood test is usually done prior to the visit. If anything unusual is detected, the doctor may suggest a biopsy.

Barnes admits that the whole process can be intimidating and overwhelming. He believes that education is the key to conquering these fears. Barnes added that NNMC’s mission is to help men understand that while this disease affects each person privately,



## Health Corner



they don’t have to go through it alone. For information on NNMC, go to <http://www.nnmc.med.navy.mil/>.

## Worth Repeating

“The opposite of a correct statement is a false statement. The opposite of a profound truth may well be another profound truth.”  
*Niels Bohr*

“When I am working on a problem I never think about beauty. I only think about how to solve the problem. But when I have finished, if the solution is not beautiful, I know it is wrong.”  
*Buckminster Fuller*

## Tropical Times

**U.S. Navy Support Facility**  
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## Public Notice

**All Diego Garcia residents are strictly prohibited from taking photos or video of any aircraft or activities in the vicinity of the flight line or the airfield by order of the Force Protection Officer.**



## Heaven's gate is like the eye of a needle

By Cmdr. An Nguyen  
*Religious Ministries*

According to some Biblical scholars, one of the gates leading into Jerusalem was so narrow, that a big, richly loaded camel could not pass through that gate. The gate was nicknamed "Needle's Eye," just as we now call some roads "bottle necks."

Jesus has this Needle's Eye gate in mind when he mentions a narrow door. It's narrow, but it's open day and night. Everyone should be able to pass through and nobody should be left behind.

To pass through that gate, we don't need a visa, a passport, a green card, a residence permit, an ID card, a social security number or an alien's registration. The gate is narrow (Luke 13:24) but open. There is no immigration officer and no checkpoint. It's a free entry: no formalities, no restriction, no bribes, no taxes, no watchmen, and no guards.

But the gate is narrow! So we have to travel very light. It means we have to leave this world the same way we came into it: no loaded bag, no prestige, no power, no family, no friends, no money or jewelry, nothing at all.

There was a story about a man, who was warned in a neighboring country: "The police are looking for you! The CIA, the Criminal Investigation Department, they are all looking for you. You are a member of the most wanted! Be quick to disappear. There is still time, the road is open."

That man postponed his decision and hesitated to leave, because he wanted to arrange his personal business: hide his car, bury his possession, get word to his loved ones and get some money from the bank. Finally, it was too late. He was picked up and disappeared.

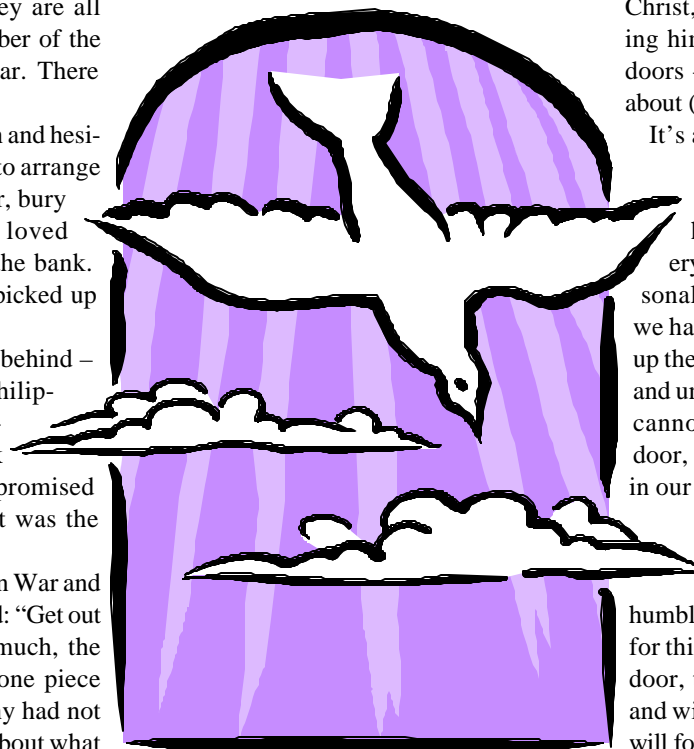
Gen. McArthur left everything behind – even some of his troops – in the Philippines when Japan suddenly invaded the islands. He looked back to the islands with love and he promised one thing: "I shall return!" That was the narrow gate he walked through.

During World War II, the Korean War and Vietnam, families would be warned: "Get out or disappear! You cannot take much, the luggage margin is very narrow, one piece only. Be ready tomorrow." Many had not been able to make up their minds about what

to take and what to leave. They were taken and later perished. Some carried too much and moved so slow they also perished. Only those who traveled light passed through the narrow gate and survived to return triumphantly!

To do the work of Christ doesn't mean that we will be put out. However, it might mean that we will be seen as failures. We have to drop our own agendas and do what must be done. We have to reach out to serve and to love those whom we are afraid of and whom we are trying to avoid or ignore. Whenever we walk through the narrow door like that, we remember the moment when Jesus hung on the cross; his friends and enemies alike believed he was a failure (Matthew 27:30). He was picked up and disappeared miserably!

He had led disciples away from their families and jobs, away from the comforts of homes, and – at the moment of His death – it seemed to have been for nothing. To be true followers of Christ, we must accept a small share of His martyrdom. We do not have to surrender our physical lives, but we do have to surrender control of our lives, our time and our possession. We have to be light on our feet, never settling in, never becoming too comfortable and always in the move to the new horizon.



## Chaplain's Corner


This is not a happy message for most modern men and women, not even for all believers. We have become very comfortable, put down roots, and have done all we can to make our lives easier, happier, more enjoyable and more secure. Martyrdom, even just a little bit, does not sound good to us. Faith at this moment is not a sure thing and we are unwilling to suffer for something that might be an illusion.

We believe in salvation and resurrection but we cannot prove that we have been given eternal life. Why? Because when we knock at the door, the Lord might say from the inside: "I do not know where you are from!" (Luke 13:25)

Following Christ, therefore, is a stumbling block for some and folly for many. But to us, the believers, if we live with Christ, in Christ and through Christ and we serve him in serving others; if we keep his Ten Commandments, He will welcome us any time! We should pass through the narrow gate easily!

To be a Christian, is inconvenient. If we have never been inconvenienced following Christ, we probably have not been following him closely. Rough roads and narrow doors – that is what following Jesus is all about (Matthew 10:37-39).

It's a rough road because we have to say "no" to many attractions, pleasures, and immoral relationships; and we have to cut ourselves off from bribery, fraud and inhuman actions for personal profits. It's a narrow door because we have to deny even our very self, to take up the cross, to follow Him to the unknown and uncertain adventure. Without faith, we cannot accept or understand the narrow door, but with faith everything is possible in our ordinary lives.

Let's live a human life to the fullest. Let's invest all we have for God and others. Let's live just and chaste, humble and uncomplicated. Let's care only for things that will pass through the narrow door, the road less traveled with the cross and with love, then the happy life and glory will follow (Matthew 10:40-42). 

## Alcohol use may lead to accidents: are you next?

By GSE1(SW) Charles Wadlington, ADC1  
Director, CAAC Diego Garcia

Accidents will happen. And they seem to happen easier and more often to people who've been drinking.

According to Louis W. Sullivan, M.D., former Secretary of Health and Human Services, "Half of all injuries could be avoided by not drinking when you are driving, boating, operating machinery, feeling angry, or using a firearm."

Trauma suffered in accidents of various kinds is a major cause of death and injury in this country. Every year, more than 140,000 Americans die from injuries, and almost one person in three suffers a non-fatal injury serious enough to require medical attention or cause temporary disability.

Of course, alcohol isn't involved in all of these cases, but it does play a significant role in trauma. Research indicates that alcohol intoxication is associated with:

- ∓ 40 to 50 percent of traffic fatalities;
- ∓ 25 to 30 percent of non-fatal motor vehicle injuries;
- ∓ up to 64 percent of fires and burns;
- ∓ 48 percent of hypothermia and frostbite cases; and
- ∓ approximately 20 percent of completed suicides.

Although not necessarily at the level of intoxication, alcohol also is a factor in:

- ∓ 40 percent or more of all falls; and
- ∓ almost 50 percent of homicides (victim or perpetrator).

Additionally, studies show that between

20 and 37 percent of all emergency room trauma cases involved alcohol use or abuse, and that between 20 and 25 percent of all persons hospitalized with an injury can be identified as problem drinkers or alcoholics.

Alcohol abusers increase their risk of accident in two ways: greater likelihood of injury and greater seriousness of injury. First, an alcohol abuser is more likely to be involved in a trauma event than a sober person. In other words, heavy drinkers have a higher risk for accidents than non-drinkers.

Second, there's a greater chance that a drinker will be hurt more seriously than a non-drinker. Most research findings indicate a relationship between alcohol use and severity of injury. This goes against the common belief that drunk persons are less likely to be seriously hurt in an accident because they are "relaxed."

Some other trauma statistics show that alcohol is associated with:

- ∓ 70 percent of attempted suicides;
- ∓ 47 to 65 percent of adult drownings; and
- ∓ 59 percent of fatal falls.

Among males defined as heavy drinkers, the risk of accidental death is estimated at two and a half to eight times greater than among the general population. Further, alcoholics are nearly five times more likely to

## The Right Spirit



die in motor vehicle crashes, 10 times more likely to be fire or burn victims, and 16 times more likely to die in falls.


One notable example of death by falling is that of actor William Holden, who suffered a

fatal head injury in a fall at his home in 1981. The coroner's report showed the amount of alcohol in his bloodstream at the time of death was equal to 10 drinks.

Injuries and deaths related to alcohol and other drugs exact a tremendous toll on American society. The number of potential years of life lost equals those lost to cancer, and is greater than those lost to heart disease, the two leading causes of death

in this country. These trauma incidents are also costly economically; it's estimated that alcohol-related injuries alone come to \$47 billion every year.

A large percentage of military people, many who are below the drinking age, use alcohol in varying degrees. In the military, peer pressure to drink can be intense. If you hope to avoid accidents caused by alcohol use, the best solution is to make healthy choices with the only life you'll ever have. Getting drunk doesn't need to be a rite of passage, and hangovers aren't required for advancement.

Don't become one of these "sobering" statistics (pun intended) – think before you drink! 




## Dependent travel to Bahrain restricted

Submitted by Ens. Hope Hair  
OIC, PSD Diego Garcia

The following clarification on dependent travel to Bahrain was received from CNO-413B:

Uniformed members and civilian employees may execute PCS orders to Bahrain but their family members are not authorized travel to Bahrain because there is a Dependent Stop Travel in effect. Family members in receipt of a Command Sponsorship letter but who have not traveled to Bahrain are included in the Dependent Stop Travel order.

Dependents already residing in Bahrain and in possession of a State of Bahrain Central Population Registration (CPR) Card who are returning from EML/Regular Leave are authorized to return to Bahrain.

Family members who are not in possession of a CPR card are not authorized to travel to Bahrain. 

## Kudos

**Senior Sailor of the Quarter**  
AK1 Anthony Stuart, Supply

**Junior Sailor of the Quarter**  
HM2 William Ramsey

**Blue Jacket of the Quarter**  
AOAA Kelly Rodgers

## Cycle 172 E-4 exam set for Wednesday in the Island Room

By Chief of Naval Personnel Public Affairs

**W**ASHINGTON (NNS) – Get back to those study manuals. The Navy-wide advancement exam for cycle 172 has been rescheduled for this Wednesday, Oct. 10, for those eligible for E-4.

The cycle 172 exam for those eligible for E-5 was held Thursday, Oct. 4.

The exams were postponed after the terrorist attack against the Pentagon and World Trade Center in New York, Sept. 11.

“Moving the exams when we did was important for our Sailors because their focus was narrowed to combat readiness after the attacks,” said Vice Adm. Norb Ryan Jr., Chief of Naval Personnel. “While our focus is still squarely on mission readiness, our work includes ensuring we provide the opportunity for our Sailors to advance and assume more responsibility.”


Because the exams were delayed, modified procedures must be followed to ensure that cycle 172 first increment advancements occur as scheduled. Commands should return answer sheets as soon as possible after the exam to the Naval Education and Training Professional Development and Technology Center (NETPDTC).

Exam answer sheets need to be sent to NETPDTC within seven working days. The

most effective way to return answer sheets is via U.S. registered mail or GSA contract for overnight delivery.

Commands should monitor the electronic tote board located at <http://www.advancement.cnet.navy.mil> to ensure their answer sheets have been received. If an-

swer sheets are not listed within 10 working days for registered mail, commands should call NETPDTC at (850) 452-1252 or DSN 922-1252 to verify whether answer sheets have been received.

For additional guidance on the E-4 exam for cycle 172, refer to NAVADMIN 247/01. 

## Education loan relief possible for some

From MilitaryReport.com

**S**oldiers, Sailors, airmen and Marines who are taking up the task of defending their country may be eligible for education loan relief, according to Ron Paige, U.S. Education Secretary.

“The young men and women who serve our country have an enormous job to do in the coming months,” Paige said. “The actions we are taking today will ease their financial burdens as they defend our country in these challenging times.”

These actions apply to members of the National Guard and the Armed Forces Ready Reserve who have been called to active duty. The department’s guidance applies to student loans made under the Federal Family Education Loan, William D. Ford Loan or Federal Perkins Loan programs.

Under the department’s guidance, lenders will automatically postpone student loan payments of borrowers during the period of the borrower’s active duty service. Borrowers with subsidized student loans will be eligible to have the federal government assume interest payments on their loans while they serve on military duty.

For those called to active duty whose loans are not yet in repayment because they are current students or recently left school and in a grace period, the department has directed lenders to hold their loans in the current deferment status. Borrowers will not be required to make payments to lenders during the term of their military service, as well as for a reason-

See “*LOAN RELIEF*,” page 13.

## NSGD becomes new NSF tenant during ceremony October 4

*Lt. Cmdr. Peter Christensen donned the Naval Security Group Detachment (NSGD) Diego Garcia OIC ball cap (right) during a ceremony Oct. 4, becoming the first OIC in NSGD Diego Garcia history, as CTTCM(NAC) Rich Hinkle and Cmdr. Nancy Dillard, NCTS Commanding Officer, look on. NSGD has taken over the former NCTS C-Site, with approximately 110 military personnel performing the NSGD mission. “We are at war against terrorism and all of us will be called upon in the coming months to work harder, longer and faster than ever before.” said Christensen. NSGD Diego Garcia is a detachment of Naval Security Group Activity Denver.*



# Attention all students: CTC Term II registration to begin Oct. 15

Submitted by Yolanda Cabigao  
NSF Educational Services Officer

Registration for Term II at Central Texas College (CTC) begins Monday, Oct. 15, 2001, and will run through Oct. 29.

Term II will run from Oct. 29 through Dec. 22, 2001.

The complete class schedule for Term II is shown below.

<u>COURSE</u>	<u>TITLE</u>	<u>CR</u>	<u>DAY</u>	<u>TIME</u>	<u>INST</u>
ENGL 1302	Comp. & Rhetoric 2	3SH	Thu	1800-2100	Moore
BMGT 1301	Supervision	3SH	Mon/Wed	1800-2100	Peeples
BIOL 1308	Biological Science	3SH	Wed	1800-2100	Churosh
MATH 1314	College Algebra	3SH	Tue/Thu	1800-2100	Hochberg
CJSA 1312	Crime In America	3SH	Mon/Wed	1800-2100	Sam
ITSW 1405	Intro. to PC Op. Systems	4SH	Mon/Wed/Fri	1800-2100	Stiles
PSYC 2301	Intro to Psychology	3SH	Tue	1800-2100	Budenski
HIST 1301	History of the US to 1877	3SH	Mon	1800-2100	Coulter

## CLEP, DANTES exams to be administered Oct. 18

CLEP and DANTES testing is scheduled to take place on Oct. 18, beginning at 0700 in the old Navy College Bldg. Interested personnel must pre-register to take the test. No walk-ins will be allowed. Please call 370-4321.

The following is a list of the exams available:

### CLEP General Examinations:

Natural Sciences  
Humanities  
Social Sciences/History  
Mathematics  
English Composition

### CLEP Subject Examinations:

College Algebra & Trig  
Trigonometry  
Intro To Business Law  
English Literature  
General Chemistry  
American Government  
Intro To Sociology  
American Literature  
Calculus W/Elementary Functions  
Western Civilization I  
Western Civilization II  
Info Sys & Comp Applications  
Intro To Psychology  
Freshman English Comp  
Principles Of Macroeconomics  
Principles Of Microeconomics  
Principles Of Management  
Principles Of Accounting  
History Of US II  
History Of US I

### DANTES Examinations

Art Of Western World  
Contemporary Western Europe

Tuition assistance (TA), which is 75 percent of the cost of the class, must be approved by the Educational Services Officer (ESO) prior to registering for a class. Please do not wait for the last minute to get your TA approved. Remember, it has to be routed through your department for approval, then submitted to the Navy College.

Here's how to complete your TA application:


❶ Pick up your TA application form from the Navy College Office, Bldg. 136 (NSF Admin), Room 115.

❷ Fill out the form, sign it, and route it through your department for approval. Any department head who has "By direction" authority to sign for the Commanding Officer can sign the TA form. Navy College does not require a request chit, although your department or command may need it.

❸ Proceed to the Navy College Office for approval of your TA. Once approved, you can go ahead and register with the school. Contact the ESO at 370-4321 for more information.

Please be advised that TA is available to all eligible military personnel. There are rumors going around that TA is no longer available, but this is not true. Anyone interested in registering for CTC class will be authorized TA.

Air Force personnel are invited to enroll with CTC, but TA will have to be funded by the Air Force.

Enrollment will be on a first-come-first-serve basis. Payments must be in the form of check or money order. For more information, call the CTC Field Advisor at 370-4320 Monday through Friday from 0900-1300 and 1630-1930. You can also call the ESO at 370-4321. 

**The Diego Garcia  
Community Bank  
will be open for  
business on  
Monday, Oct. 15  
for the military  
payday, but will be  
closed the following  
Saturday, Oct. 20.  
Community Bank  
will also be closed  
on Saturday, Oct. 13  
in observance of  
Columbus Day.**



## AMC still operating flights worldwide, with some changes in place

Submitted by **Ens. Hope Hair**  
*OIC, PSD Diego Garcia*

**S**COTT AIR FORCE BASE, Ill. (USTCNS) – Air Mobility Command (AMC) is still operating passenger flights for military and other eligible travelers. However, there are fewer flights and a few changes that passengers need to remember when they are planning to use military aircraft or contract aircraft for either official or Space-Available (Space-A) travel.

“AMC-operated missions are now under tighter security restrictions because of the recent terrorist attacks,” said Cindy Rothenbach, a traffic management specialist with the Passenger Policy Branch at AMC. “We now have enhanced passenger processing measures because of the need for heightened security at our passenger terminals.”

Under the new procedures, all passengers must present two forms of ID when checking in for a flight. One of those IDs must have a passenger photo. Any sharp-edged objects, regardless of length must be placed in checked baggage where it will be inaccessible to the passenger.

“All hand-carried items are subject to 100 percent inspection,” said Rothenbach. Checked bags will also be randomly inspected for all AMC missions.

Rothenbach said that passengers may experience a slowdown in processing and recommends official and Space-A passengers call the appropriate AMC terminal for flight

status. Travelers may need to show up at passenger terminals up to three hours prior to take-off.

“Passengers leaving on Space-A flights from military terminals should also be aware of current force protection conditions, which may cause delays in accessing military installations,” she said.

Rothenbach said that there have been no reductions on Patriot Express flights to the Atlantic or Pacific Theater from AMC gateways at commercial terminals. But travelers

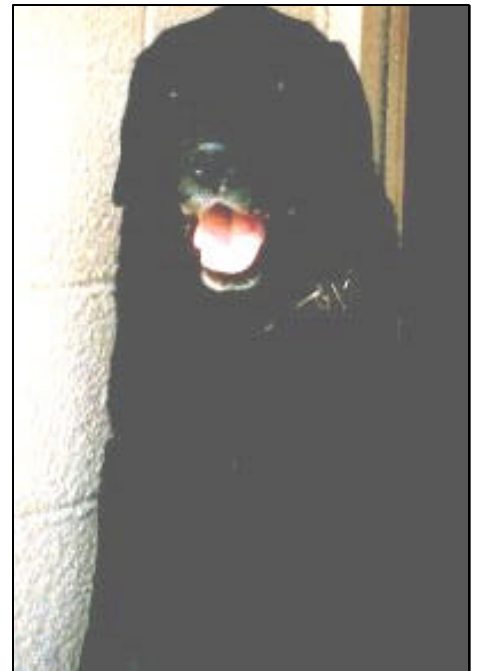
need to understand there are additional precautions at those airports, and they should plan their arrival time accordingly.

A consideration for Space-A travelers is that for the foreseeable future, there will be fewer flights and fewer seats available.

“Since AMC-owned aircraft are being called into service to support higher-priority missions, Space-A seating may be harder to get,” Rothenbach said. Space-A is still available, but travelers should check the nearest passenger terminal for information. ↻

## Brit party mascot Monty passes on Oct. 4

**Sadly, Monty the retired drug dog and Naval Party 1002 mascot was put to sleep due to ill health on Thursday, Oct. 4. Monty has been on Diego Garcia since 1988, when he arrived as a drug sniffer dog. He sensibly retired himself after three years and settled down to a pampered life of luxury. An intelligent animal with an aversion to unnecessary exercise, he repidly mastered the Diego Garcia bus system and would wait patiently for the bus to stop and take him to the Seaman's Service Center for his lunch. He would then reboard the bus to travel on to Moody Brook for well-deserved rest and relaxation. In his latter years, he made himself useful as a mobile trip hazard outside the Brit Rep's office. Monty was not only a much loved member of the Naval Party, but was a well-known character in the island-wide community. He will be sadly missed by those who knew him. Monty will be buried at Cannon Point, near a location where plans are in place to build a park bench overlooking the ocean in his memory.**



## Announcements

### Got a problem with alcohol?

Then A.A. can help. Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope that they may achieve sobriety and help others to recover from alcoholism. A.A. meets on Diego Garcia every Monday, Wednesday, Friday and Saturday at 1930 in the first floor lounge of BEQ 17. For more information call GSE1(SW) Charles Wadlington at 370-4102.

### Red Cross offers swim lessons

The American Red Cross offers swimming lessons to all island personnel the second and third week of each month from 1930-2100, Monday through Thursday.

Classes are first come-first served. To sign up or for more information, drop by the Red Cross office or call 370-4603. You can also e-mail John Savoie at [savoiej@dg.navy.mil](mailto:savoiej@dg.navy.mil).

### Square and Compass Club

The Square & Compass Club holds regular meetings every first Thursday of the month, beginning at 1930 at the Square & Compass Clubhouse in Seabreeze Village. For more information, please call 370-4305 or 370-1715.



### NCPACE contacts

The Navy College PACE program coordinators can be reached at the following phone

numbers: Chief Jose - 370-4770; or EN1 Jakstis - 370-4574. Please contact ESO prior to registration with NCPACE for tuition assistance, counseling and information.

### PSD Hotline

Complaints, suggestions, recommendation or comments can be sent to PSD via e-mail to: [dgcustomer@psa.psafe.navy.mil](mailto:dgcustomer@psa.psafe.navy.mil) You may also leave your message with your phone number/e-mail address on our 24-hour customer service hotline at 370-3660. Your question will be staffed and a response sent to you the next working day.

## Navy personnel run with American flag from Pentagon to WTC site

By JO1 Joseph Gunder  
Navy News Service

**W**ASHINGTON (NNS) – The terrorist attacks of Sept. 11 touched everyone in America, one way or another. Ens. Daniel Campos, stationed in Annapolis, Md., watched as thousands of Americans were killed on live television, and took note of the subsequent sacrifices by firefighters and rescue workers.

He decided on a unique way to pay tribute. A World Trade Center relay, where runners would carry the American flag from the Pentagon all the way to the site of the World Trade Center, would be an appropriate way to rally the American spirit to honor the victims. Runners would pass the American flag to each other all along the route, all 250-plus miles.

According to the Campos, the purpose behind the run was threefold:

- ◆ To show those who are still working

there that America is proud and supportive of them;

- ◆ To show America's unity, strength and resolve in a time of turmoil;
- ◆ To heighten awareness of the need to support the families of those who have passed and those who remain to finish the business of reconstructing the Pentagon and excavating the wreckage of the World Trade Center.

Campos figured that it would take two days at a runner's pace to cover the distance from the Pentagon to the WTC site if they ran all day and night.

He asked fellow ensigns, Christine Fix and Jon Durham for help. They were able to rally enough volunteers, more than 60, to break the journey into 40-mile blocks, with about seven or so runners in each "wave." A chase van would carry the non-runners until a relief van could catch up with a fresh group.

The primary flag was obtained from the office of the Secretary of the Navy in the Pentagon. It was a rather large version, with gold trim and a wooden pole. A second, lighter flag with an aluminum pole was also used for the long distance traveled.

Fix planned the route so the runners wouldn't take any major thoroughfares. However, the course of the run would take the runners through two major cities before New York: Baltimore and Philadelphia.

The group took off at 6 a.m. Friday, Sept. 28, about an hour before sunrise.

By Saturday morning, the runners made it up to Philadelphia. A policeman pulled alongside in his cruiser and asked what they were doing. Once the police discovered where the runners were headed, an escort was immediately arranged and the runners were put on a more direct route.

The runners got lots of attention in the City of Brotherly Love and beyond.

"Wherever we went, policemen, firemen would all stop and salute us," said Fix. "People along the route were coming out of their shops to check us out. Riders on their motorcycles were saluting us."

The group of runners ended up with police escorts from Philadelphia through New Jersey to their final destination.

"When we passed from one jurisdiction to another, the police would radio ahead and turn us over to the next escort," explained Fix. "We had a police escort pretty much all the way into New York City."

"I'll never forget the show of support from everybody," wrote Jan Waters, an Annapolis resident who ran along with her military neighbors. "People giving words of encouragement, hollering 'God Bless America.' There were even groups who starting singing 'America the Beautiful' when I went by."

"The show of support was unreal," wrote HM1 Rich Moesch. "The horns blowing, the sirens, people cheering, the thanks from all of the people in New York was just unreal."

After passing through the Holland Tunnel and into Manhattan around 6 p.m. Saturday, the runners and police escorts stopped at the berth of USNS *Comfort* (T-AH 20), where they presented the lighter flag to the commanding officer of the ship.

An hour later, they were off again, this time with some extra runners from *Comfort*. Nothing, not even Hollywood, could prepare the runners for what they found when the finally arrived at the site of the former World Trade Center.

"We all were just shocked," said Fix when the runners got to the WTC site. "It's like nothing you've seen on TV. It was so much more devastating than we had seen. It was kind of surreal."

Fix continued, "The firemen were quite honored to see us. They took us past the barricades and right to their firehouse by the Trade Center. They showed us the remainder of a fire truck, which was little more than a door. We all stopped and had a moment of silence for the people that were lost."

"I thought it was the greatest thing in the world," said John Bambury, New York Fire Department's Deputy Fire Chief, who was at "ground zero" when the runners presented him with the flag from the Pentagon. "Our spirits were really low. We lost so many men. This helped boost our morale."

The runners also got a morale boost by helping to stir a wave of patriotism during one of the darkest times in American history.

Ens. Jack Kruse was also along for the run. He stopped at the WTC site to chat with one of the weary firefighters.

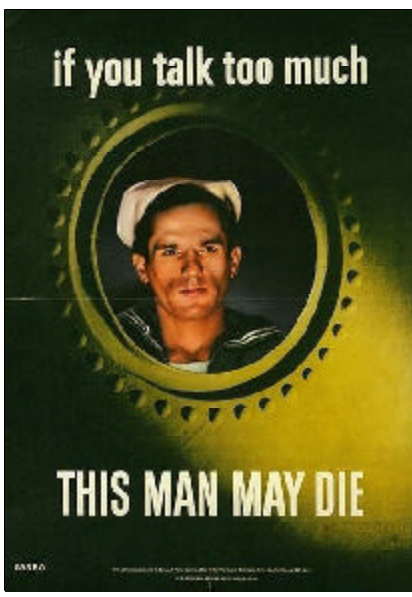
"So, what kind of hours do they have you working here at ground zero?" Kruse asked.

The firefighter paused for a minute and answered, "You know, they've stopped calling it 'ground zero.' It's now 'ground hero.'"

As for working hours, Kruse found out

See "RELAY," page 9.

### Keep OpSec in mind!



**This vintage World War II poster concerning Operational Security (OpSec) is a vivid reminder of the importance of maintaining OpSec at all times. Diego Garcia residents are reminded to keep OpSec in mind whenever sending e-mails or placing phone calls to friends and family at home. The slightest details could be used by enemy agents against the United States and the military. Remember, OpSec is everyone's responsibility!**



## Flag flown at 'ground zero' sent to USS Theodore Roosevelt

From the Navy Wire Service

**N**ORFOLK, Va. (NNS) – The Sailors and Marines aboard USS *Theodore Roosevelt* (CVN 71) recently received a very special symbol of America as the ship heads overseas following the Sept. 11 terrorist attacks: the flag flown at “ground zero” in New York City.

This is the same flag that was raised by three New York City firefighters in a recent photograph that some media have compared to the historic image of U.S. Marines raising the American flag at Iwo Jima.

On Sept. 23, New York Governor George Pataki and New York City Mayor Rudolph Giuliani signed the flag and gave it to Adm. Robert J. Natter, Commander in Chief of the U.S. Atlantic Fleet, with the intent that it be flown over naval forces deployed overseas in response to the terrorist attack.

Natter accepted the flag and directed that it be sent to *Theodore Roosevelt*, the Atlantic Fleet aircraft carrier that departed on deployment from its homeport of Norfolk, Va., on Sept. 19.

“This flag represents the spirit and courage of all Americans,” said Natter. “It has incredible meaning for all our Sailors and Marines, and we’re proud to fly it aboard one of our most powerful warships. It will serve as both a remembrance and as a motivator for our forward-deployed naval forces.”

The Navy will return the flag to the New York City Fire Department upon the *Theodore Roosevelt* Battle Group’s return

“**ATTACK,**” from page 1.

oppose the Taliban regime and the foreign terrorists they support,” he added.

The attacks seek to alter the military balance in Afghanistan by denying the Taliban

“**RELAY,**” from page 8.

that some of the firefighters have been working for 24 hours straight – removing rubble and remains, trying to account for the thousands still missing.

“You can just see it in their eyes,” said Kruse. “They’re tired. These guys come here day after day and dig through rubble. It encouraged me as a person and member of the military, if these guys can come in here and work in this pit everyday, then we should be able to give 110 percent of ourselves everyday.”



**The crew of USS Theodore Roosevelt (CVN 71) hoist the first U.S. flag to be raised above the wreckage of the World Trade Center in New York. The ensign, raised in New York by city firefighters, was presented to Adm. Robert J. Natter, Commander in Chief, U.S. Atlantic Fleet, during a recent visit to the city. Roosevelt will fly the flag throughout its current deployment.**

from deployment.

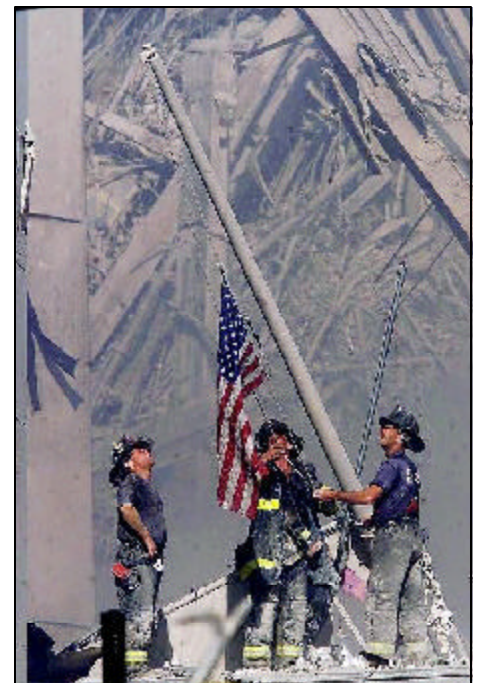
On Sept. 11, New York City Firefighters Dan McWilliams, George Johnson and Billy Eisengrein anchored a single flagpole in about 20 feet of rubble and raised the U.S. Flag, an image that was captured by the *Bergen County New Jersey Record* newspaper photographer Tom Franklin.

its offensive systems and, finally, to make it possible for the U.S. to provide humanitarian relief safely “to Afghans suffering truly oppressive living conditions under the Taliban regime,” Rumsfeld said.

Myers said the operations in Afghanistan are “visible,” but that other operations may not be.

“But visible or not, our friends and enemies should understand that all instruments of our national power, as well as those of our friends and allies around the world, are being brought to bear on this global menace,” Myers said.

“We are in the early stages of ongoing combat operations, and our outstanding men and women in uniform are performing just as they’ve been trained to do – and that is to say, superbly.”



**New York City Firefighters Dan McWilliams, George Johnson and Billy Eisengrein raised the American flag over the rubble of the World Trade Center on Sept. 11, 2001, in a scene eerily reminiscent of the Marine Corps flag raising on Iwo Jima during World War II.**

## All aircraft return safely; first day of attacks a success

By Sgt. 1st Class Kathleen T. Rhem, USA  
*American Forces Press Service*

WASHINGTON – All U.S. aircraft participating in attacks on Afghanistan Oct. 7 returned to their bases safely, and Defense Secretary Donald Rumsfeld called the day's missions a success.

Speaking on morning TV news shows, Rumsfeld disputed Taliban claims that they had shot down American planes during the night. "No aircraft was hit. No aircraft was damaged," Rumsfeld told NBC News. "The allegation by Taliban that they shot down coalition aircraft is flat untrue."

Unmanned craft have been lost in recent days, however. "We have had unmanned aircraft that we have lost control of," he said. "Whether or not the Taliban had anything to do with that is an open question."

He also disagreed with Taliban statements that at least 100 civilians had been killed in the bombings. "The targets were carefully selected," Rumsfeld said. "Any people who were around those targets were (there) because they were part of the Al Qaeda and the Taliban military."


The secretary described the "two or three dozen" targets in more detail to CNN. "They were all military targets. They were military aircraft, surface-to-air missiles, military airports and runways," Rumsfeld said. "They were terrorist training camps. They were a host of things that are directly associated with the Al Qaeda and Taliban leadership."

He said the fight will not be a quick one,

estimating it could take years to defeat terrorism. "There are a lot of people who have been trained in these terrorist training camps in many of the countries that sponsor terrorism that are already out there," Rumsfeld said in describing the problem. "They are organized; they have been financed. What we have to do is be patient. We have to recognize that the power of weapons today is such

that they can impose enormous damage on free nations and free people."

He said victory wouldn't be declared until "people are free to go about their business."

"As long as people are making a business out of international terrorism and countries are harboring those international terrorists, people will not have that freedom," Rumsfeld said. 

## Some fees suspended for travel card holders

From MilitaryReport.com

According to *Stars and Stripes*, Bank of America (BoFA) and First USA have made provisions to aid cardholders with repayment plans since the Sept. 11 terrorist attacks disrupted mail service worldwide.


BoFA has delayed its salary offset program to collect on delinquent government credit card accounts.

"It's this delay which prompted BoFA officials to intercede," said Tech. Sgt. Michael Europe. "They took action with the government travel card program so that cardholders could make timely payments, with minimal inconvenience." In addition, the \$10 pay-by-phone fee, charged to customers who paid their outstanding balances over the phone, is waived until Oct. 15.

"BoFA asked DFAS (Defense Finance and Accounting Service) to garnish wages in order to recoup delinquent balances," Windsor said. "The initial notifications letters were supposed to be mailed Oct. 3, but BoFA has pushed the date forward to Oct. 13."

First USA, the credit card company issuing Air Force Club Cards, will suspend late or over limit fees. Minimum payment requirements are on hold until further notice and no additional interest will be charged for failure to receive payment. First USA will also work with those being deployed to set up free automatic payments for accounts.

BoFA cardholders are advised to use split disbursement when filing their travel vouchers to avoid late fees.

"This payment method authorizes your local finance office to make a payment on your behalf to BoFA," Windsor said. "The money comes from what a traveler would receive after claiming travel expenses on a travel voucher. The payment is immediate, and there is no chance of a late payment due to delays in mail service." 

## Record of emergency data update and verification mandatory

By JOSN Laura Goulding  
*Center for Career Development,  
Chief of Naval Personnel Public Affairs*

WASHINGTON (NNS) – As the Navy stands ready to participate in the war on terrorism, all Sailors must update and verify their records of emergency data immediately, unless verification has been completed within the last six months and no changes have occurred.

"Our CNO has said we need to focus on the mission, and updating our emergency data is an essential part of that mission," said Vice Adm. Norb Ryan Jr., Chief of Naval Personnel. "There is not a more critical responsibility for our people than assuring we

have the right data to contact family members should we need to reach them."

Commanding officers and officers in charge are responsible for ensuring their personnel understand the critical need to complete this data update as soon as possible.


"This is an essential mission for Navy leadership at all levels of the chain of command," said Ryan. "Part of our responsibility for taking care of Sailors includes ensuring we are ready to support their families and able to contact them quickly in an emergency."

Sailors should ensure all copies of the record of emergency data contain the additional address and telephone numbers for each designated Primary Next of Kin and

Secondary Next of Kin as required.

Verification of Servicemembers' Group Life Insurance (SGLI) election will also be conducted with record of emergency data updates. Navy family care plan certificates and arrangements should also be updated.

In the event that information has changed since the last update, Personnel Support Detachments (PSD) or admin offices need to send the updated, original record of emergency data to NAVPERSCOM (PERS-313C), 5720 Integrity Drive, Millington, Tenn. 38055-3130 using regular mail. PSDs should also maintain a copy in their local office.

For additional guidance on record of emergency data updates, see NAVADMIN 260/01 and NAVADMIN 098/01. 

## Look to the future: Thrift Savings Plan enrollment begins today

By Chief of Naval Personnel Public Affairs

**W**ASHINGTON (NNS) – It's time to start thinking about how you want to invest your money for retirement.

From Oct. 9, 2001 through Jan. 31, 2002, active duty members and reservists in any pay status can start signing up to make Thrift Savings Plan (TSP) contributions, which offer significant tax incentives.

Much like a 401(K) – a civilian savings plan that invests pre-tax dollars – the TSP is designed to provide retirement monies for military members. It is transferable to other retirement accounts and not tied to the military retirement system.

There is a two-page enrollment form currently available at the Navy Personnel Command home page (<http://www.persnet.navy.mil> or <http://www.bupers.navy.mil>), or <http://www.tsp.gov> by accessing the Uniformed Services option. Once filled out, the forms should be turned in to the servicing Personnel Support Detachment (PSD) or ship's personnel office. The hardest decision is selecting your investment choice and how much you want to contribute. All investment funds are fully explained in NAVADMIN 258/01 and at <http://www.tsp.gov>.

Sailors will see contributions deducted from their pay beginning on the Jan. 15, 2002, payday if the enrollment is transmitted to Defense Finance and Accounting Service (DFAS) before Dec. 8, 2001. For enrollments transmitted to DFAS between Dec. 8, 2001 and Jan. 31, 2002, contributions will begin on the Feb. 1, 2002, payday or later.

If you miss the special enrollment period, several others are available: May 15 through July 31, and Nov. 15 through Jan. 31 each year. Reserve personnel, ordered to active duty greater than 30 days can make TSP elections outside an open season.

Individuals who enlist, reenlist after a break in service, or accept a commission in the U.S. Navy or Naval Reserve will be able to elect to participate in TSP outside of regular open seasons. Their enrollment must be within 60 days of either being sworn-in to active duty or entering in a pay status with the Naval Reserve.

With the fast-approaching start of the special enrollment period, the following frequently asked questions and answers will help ensure Sailors are aware of how to en-

roll in TSP:

**Q1.** When will detailed information on TSP be published?

**A1.** The TSP NAVADMIN (258/01) has been released and is available online under messages at <http://www.bupers.navy.mil>. Also, <http://www.tsp.gov> provides complete information.

**Q2.** When will Sailors be able to get TSP sign up forms?

**A2.** TSP sign up forms were mailed to PSDs and Reserve Centers in September 2001. They are also available online at <http://www.tsp.gov> by accessing the Uniformed Services option.

**Q3.** Will the TSP election form be available on-line?

**A3.** PERS-3 will make the TSP election form (TSP-U-1) available for download on their BUPERS Web site, they are also available online at <http://www.tsp.gov> by accessing the Uniformed Services option.

**Q4.** When is the enrollment period for TSP and when will contributions be deducted?

**A4.** TSP sign up starts Oct. 9, and ends Dec. 31, 2001. If you sign up for TSP from Oct. 9 through Dec. 8, 2001, the first deduction will come from the first pay period in January 2002, and reflect on the Jan. 15, 2002, payday.

**Q5.** What will each personnel office or PSD do to process TSP enrollment forms?

**A5.** To process the TSP forms, they will:

- ⇒ Collect the members' TSP-U-1 forms;
- ⇒ Enter the TSP data into Uniform Military Information Distribution System (UMIDS); and

- ⇒ Mail the original TSP-U-1 form to PERS-313C.

**Q6.** What information goes in Block 6 of the TSP-U-1 form?

**A6.** Block 6 of the TSP-U-1 form is for the member's Unit Identification Code (UIC).

**Q7.** What information goes in Block 7 of the TSP-U-1 form?

**A7.** Block 7 is for the percentage (from 1 percent to 7 percent) of monthly Basic Pay the member elects to contribute.

**Q8.** Can Sailors in a combat zone this year

deposit their tax-free earnings in their TSP account?

**A8.** Sailors in a combat zone in October, November or December of 2001 cannot put that money into a TSP account because TSP contributions do not begin until January 2002.

**Q9.** How can Sailors, especially those working in a PSD, learn more about TSP?

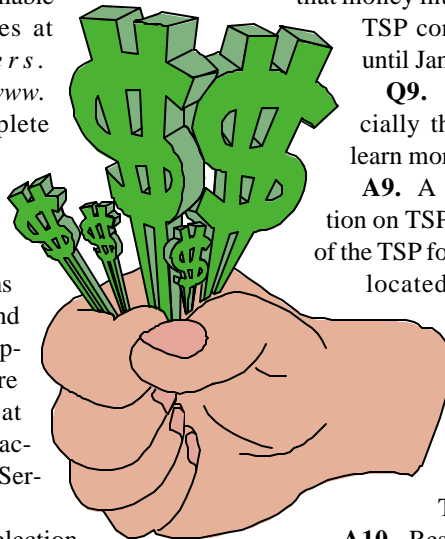
**A9.** A good source of information on TSP is the 44-page summary of the TSP for the Uniformed Services located at <http://www.tsp.gov>.

Click on the Uniformed Services option for the brief and enrollment form.

**Q10.** How do Reserve Sailors enroll in TSP?

**A10.** Reserve members will enroll in TSP by submitting their TSP-U-1 form to their Reserve Center.

For more TSP information see NAVADMIN 254/01 and NAVADMIN 258/01. 




## 2001 holiday season mailing dates announced

By Navy Supply Systems Command Public Affairs

**M**CHANISBURG, Pa. (NNS) – The Naval Supply Systems Command (NAVSUP) Postal Policy Division, in concert with the U. S. Postal Service and military postal officials from all of the services, note that it's not too early to mail 2001 Christmas cards and packages to and from military addresses overseas.

In fact, everyone is encouraged to beat the last-minute rush and take holiday mail and packages to the nearest U.S. Post Office or APO/FPO military post office by the suggested dates listed.

For military mail addressed to APO and FPO addresses, the suggested mailing date for air letters, and cards and priority is Dec. 11. The date for space available mail is Nov. 27, the date for parcel airlift is Dec. 4, and the date for surface mail is Nov. 6.

For more information, contact Liz Van Wye at [liz\\_van\\_wye@navsup.navy.mil](mailto:liz_van_wye@navsup.navy.mil), or visit the NAVSUP Web site at <http://www.navsup.navy.mil/>. 

## At the Galley - Oct. 9-15

### Lunch

#### Wednesday

Egg Drop Soup  
Fish Scallop W/Tartar Sauce  
♥ Creole Pork Chop  
Baked Potatoes  
Cream-Style Scalloped Corn  
Asparagus  
FFS: BBQ Pork On Bun

#### Thursday

Knickbocker Soup  
Roast Beef  
♥ Caribbean Chicken Breast  
Mashed Potatoes  
Brussels Sprouts  
Mixed Vegetables  
FFS: Chicken Fajita Pita

#### Friday

French Onion Soup  
♥ Herbed Baked Chicken  
Blackened Fish  
Baked Macaroni & Cheese  
Corn  
Southern Style Greens  
FFS: Baked/Fried Burrito

#### Saturday

Cream Chicken Soup  
♥ Assorted Cold Cuts Sandwich  
Assorted Cheeses  
Assorted Bread  
Potato Chips  
Baked Beans  
Corn On-The-Cob  
FFS: Monte Cristo Sandwich

#### Sunday Brunch

♥ Minute Steak  
Crisp Bacon Slices  
Pepper Pot Soup  
Monte Carlo Sandwich  
French Fries  
Fried Rice  
Vegetable Combo  
FFS: Chicken Salad Sandwich

#### Monday (Oct. 15)

Pepper Pot Soup  
♥ Spaghetti w/Meat Sauce  
Baked Italian Sausage  
Garlic Roasted Potato  
Wedges  
Red Beans w/Rice  
Mixed Vegetables  
Boiled Cabbage  
FFS: Submarine Sandwich

### Dinner

#### Lite Bite Menu

Lite Bite menu items available at all meals include:  
♥ Tuna on a bed of lettuce  
♥ Turkey sandwiches  
♥ Fruit cups

#### Tuesday

Tomato Bouillon Soup  
Beef Balls Stroganoff  
♥ Tempura Fish  
Baked Macaroni & Cheese  
Stewed Tomatoes  
Cauliflower

#### Wednesday

##### Italian Night

♥ Baked Lasagna  
Baked Italian Sausage  
Italian Roasted Potatoes  
Broccoli  
Kidney Beans Italian Style

#### Thursday

Split Pea Soup  
♥ Beef Sukiyaki  
Turkey Nuggets  
Mashed Potatoes  
Turnip Greens  
Lyonnaise Carrots

#### Friday

Shrimp Gumbo Soup  
Cajun Meatloaf  
♥ Pork Adobo  
Roasted Pepper Potatoes  
Simmered Black-Eyed Peas  
Spinach

#### Saturday

Smoked Salmon Chowder  
♥ Chicken Cacciatore  
Hamburger Yakisoba  
Franconia Potatoes  
Broccoli  
Peas & Carrots

#### Sunday

Beef Rice Soup  
Simmered Beef  
♥ Baked Tuna & Noodles  
Boiled Potatoes  
Vegetable Stir-Fry  
Corn O'brien  
Vegetable Combo

♥ = Heart Healthy items

Reminder to all CDF patrons: Meal pass must be visually sighted at the sign in desk. No smoking areas will be enforced. The entire menu can also be viewed on the NSF LAN, and calorie counts can be viewed on-line at the NSF public folder.

## Web site provides voting info

By Michael McLellan

NAVPERSCOM Public Affairs


MILLINGTON, Tenn. (NWS) – The Navy Voting Assistance Program (NVAP) Web site is a fountain of information for voting assistance officers (VAO) and citizens interested in information involving their civic duties. To access NVAP, go to <http://www.persnet.navy.mil/nvap/>.

For example, districts in Arkansas, Massachusetts and South Carolina are having special primary and general elections during the last quarter of this year.

Massachusetts and South Carolina are holding elections to fill vacancies following the deaths of congressmen in the 9th Congressional District in Massachusetts and the 2nd district in South Carolina. The congressman representing Arkansas' 3rd District has resigned.

There are a variety of links to useful information on the Web site. There is a link to the U.S. Census Bureau where Sailors and Marines can obtain demographic information on any county or state in the country. Another link goes to a site to obtain an online version of the federal post card application that is used to register to vote. Phone numbers and addresses for all the state election commissions and state election laws are provided in yet another link.

Command VAOs can find voting supply stock numbers and ordering information as well as links to applicable instructions.

For more information on the Federal Voting Assistance Program, go to <http://www.fvap.ncr.gov/>. 

## 'Toolkit' now open for family use

From MilitaryReport.com


Service members being called up for active service or those deploying have a new tool kit to help their families, a DoD reserve affairs official said.

According to the American Forces Press Service, the Guard and Reserve Family Readiness Programs Toolkit is available as a printed product as well as online at [www.defenselink.mil/ra/family/toolkit/](http://www.defenselink.mil/ra/family/toolkit/).

This standardized pre-deployment and mobilization handbook aids commanders, members, family members and family program directors or managers in preparing units for the separations that take place during mobilization and deployment. President Bush's Sept. 14 order calling up to 50,000 reservists to active duty means the tools could be a vast help to deploying service members re-

sponding to the terrorist threats.

Though aimed at reserve component members, active duty service members should also find the information helpful.

A related Web site is the Guard and Reserve Family Readiness Schedule of Events at [www.defenselink.mil/ra/calendar/](http://www.defenselink.mil/ra/calendar/). This calendar is designed to provide places for family readiness training across the services. Those interested can search the calendar for training opportunities near them. 

### Question: Who can I see to help me plan a budget?

Answer: See your departmental financial specialist or contact the NSF Command Financial Specialist, ETCS (SW/AW) Ted Ellis, at 370-3318 for more information.


**“LOAN RELIEF,”** from page 5.  
able amount of time allowing the borrower to resume enrollment in school.

In addition, borrowers generally receive a six-to-nine month grace period after leaving school. The department’s action ensures these students will not lose the benefit of

this grace period as a result of their service.

In additional guidance, the department strongly encouraged colleges and universities to provide both a full refund of tuition and other institutional charges or comparable credit to students forced to withdraw from school to fulfill their military obligations. The department also urged schools to offer flexible re-enrollment options to these affected students and to other students who have been forced to withdraw from school as a result of the terrorist attacks.

The department’s actions also relax requirements that schools return federal financial aid to the government when a student aid recipient withdraws from school. Students who withdraw because they are called to active duty or have been affected by the military mobilization, as well as others who withdraw as a direct result of the terrorist attacks, will not be required to return financial aid funds received for books and living expenses.

For more info, call 1-800-433-3243. 

## This Week’s Tides Oct. 9-15

	High	Low	High	Low
Monday	0222	0833	1434	2051
Tuesday	0246	0857	1458	2115
Wednesday	0310	0927	1528	2145
Thursday	0340	0951	1552	2209
Friday	0404	1015	1616	2239
Saturday	0434	1045	1646	2303
Sunday	0504	1115	1722	2339
Mon. (Oct. 8)	0540	1145	1758	-----

## Classified Ads

**LOST:** 24” gold rope chain and pendant (amices and diamonds set in gold), in the area of BEQ’s 8, 13, 14 and 18. If found, please call Jeniffer Owen at 370-2325 or 370-6471.

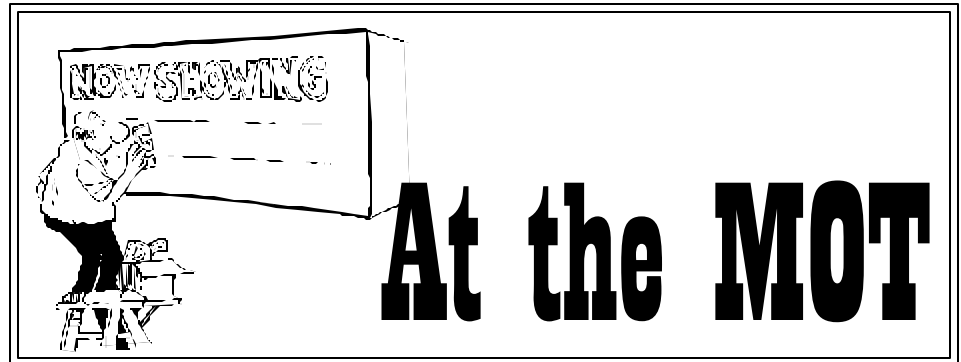
**LOST:** Feminine white gold bracelet with stones. Cash reward if found. Please contact Lilly Salazar at 370-3816 or 370-6975.

**FOR SALE:** Men’s Mongoose 24 speed mountain bike hybrid. Six months old. \$225. Call Lt. Cmdr. Hochberg at 370-4502.

**FOUND:** AudioVox personal CD player with headphones, in the base gym around Sept. 27. If you can identify the CD in the player, you can claim it at the NSF Public Affairs Office. Call 370-4938 for details.

**FOR SALE:** Leaving DG soon, so these items have to go! 12x14 three room tent - \$110. Other camp equipment: small coffee maker - \$10, iron and board - \$10, beach umbrella - \$13; Torso Trak, like new, \$90. Many more items - too much to list! Call Anna at 370-6925 after 1600.

*If there is an item you are looking for or would like to sell, please e-mail lohmeyerd@dg.navy.mil.*



### A. Why Do Fools Fall in Love (R)

*Starring Larenz Tate & Vivica Fox*  
Three women who claim to be the wives of dead rock star Frankie Lymon tell their stories in court in an effort to collect his royalties. The 25-year-old Lymon died of a heroin overdose more than a decade after his last hit and the question looms as to how much money there can be. (116 minutes)

### B. Bad Boys (R)

*Starring Martin Lawrence & Will Smith*  
Martin Lawrence and “Fresh Prince” Will Smith are detectives who are in too deep when \$100 million in confiscated heroin disappears, in this exciting film from the producers of “Beverly Hills Cop.” (104 minutes)

### C. Elizabeth (R)

*Starring Kate Blanchett & Joseph Fiennes*  
Set in 16th Century Europe, this story is about a noble woman who overcomes her memories of imprisonment and a male dominated ruling class after she is swept into what would become a 45-year reign as England’s monarch. (123 minutes)

### D. Josie and The Pussycats (PG-13)

*Starring Rachel Leigh Cook & Tara Reid*  
Three small town girl musicians are discovered by a band manager and are instantly offered a recording contract by Mega Records. Before long they have the number one single in the country, but something’s not right. It’s all happening too fast, it’s coming too easy, and fame and fortune are not as much fun. (99 minutes)

### E. Joe Dirt (PG-13)

*Starring David Spade & Christopher Walken*  
Caught in the 80’s and blasting Van Halen from the speakers in his jacked-up economy car, Joe has always been the wrong person in the wrong place at the wrong time. Always searching for the family he lost when he was 8-years old, Joe’s adventures take him to Los Angeles where a shock-jock brings him on the show to help him with his quest. (86 minutes)

### F. Kingdom Come (PG)

*Starring Whoopi Goldberg & Jada Finkett Smith*  
When the patriarch of the family passes away and his relatives gather to say goodbye, each one of them must come to terms with life and death in their own special way, which leads to some humorous confrontations and situations. (95 minutes)

### G. Driven (PG-13)

*Starring Sylvester Stallone & Till Schweiger*  
Losing his own promising racing career to a tragic accident, a former racing sensation is called upon to help an up-and-coming racer find focus and make it to the top. (109 minutes)

### H. Angel Eyes (R)

*Starring Jennifer Lopez & Jim Caviezel*  
While pursuing a drug suspect, a female Chicago police officer nearly becomes the victim of a fatal ambush, but a mysterious stranger intervenes and saves her life. As the two fall in love, they discover the truth about each other and are forced to deal with past secrets. (104 minutes)

### I. Skeletons In The Closet (R)

*Starring Treat Williams & Linda Hamilton*  
A father begins to suspect that his son may be a serial killer ... or is he just paranoid and trying to cover up his own past, which involved his wife being killed in a fire when the boy was eight? (86 minutes)

### Where they’re showing

Location	M	T	W	T	F	S	S
MOT -2000	A	B	C	D	E	F	G
MOT -2200	-	-	-	-	F	G	-
CPO Club -1930	-	C	G	E	-	-	-
CPO Club -1900	-	-	-	-	H	-	-
CPO Club -2100	-	-	-	-	I	-	-
BOQ 6 -1930	F	G	A	B	C	D	E
H. T. S. B. -1100	G	A	B	C	D	E	F
O Club -1930	-	E	-	A	-	-	-

## POW/MIA 10K RUN SEPT. 29, 2001

**Females, 30-34**

1st	Nancy Churosh	56:08
2nd	Trish Hasen	59:12

**Females, 35-39**

1st	Sylvia Sansone	54:00
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**Females, 50 & over**

1st	Nancy Dillard	1:09:02
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**Males, 17-24**

1st	Andy Mujica	51:03
2nd	Justin Barrett	55:04
3rd	Tri Minh Pham	57:21
4th	Jason Barron	58:26

**Males, 25-29**

1st	Rob Edye	41:36
2nd	Derick Dickerson	51:06
3rd	Steve McElvaine	55:23
4th	Kevin Murray	55:47
5th	Marlon Limbaco	1:02:29

**Males, 30-34**

1st	Nick Slahor	47:13
2nd	Roger Hazard	47:18
3rd	Jole Jackson	47:43
4th	Cesar Ortiz	49:03
5th	Castillo Montoya	59:36
6th	Greg Cook	1:00:56
7th	Todd Hathaway	1:07:22

**Males, 35-39**

1st	Ernest Schramm	38:50
2nd	Mike Pugh	41:56
3rd	Mark Seganos	45:37
4th	Steve Wu	46:31
5th	Bernie Ruddey	52:47
6th	Brent Maxell	57:47
7th	Mike Haslage	1:08:20
8th	Jeff Zoubeck	1:09:01

**Males, 40-44**

1st	Jeff Andersen	55:52
2nd	Willy Ogaya	59:10
3rd	Karl Kreutzberger	1:08:59

**Males, 45-49**

1st	Kevin Lynch	48:18
2nd	Ted Crandall	54:11
3rd	Quentin Richtor	1:04:38

**Males, 50 & Over**

1st	Efren Reyes	50:28
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## DART TOURNNEY OCT. 2, 2001

1st	Abner Amaranto
2nd	Jeff Oosse
3rd	Jeff Zoubeck

## DG 10-PIN BOWLING LEAGUE STANDINGS

	<u>W</u>	<u>L</u>
The Juggernauts	68	20
PSN 3	64	24
Cable & Wireless	63	25
TNT	62	26
On the Dot.Com	60	20
Aces/Deuces	60	28
NSF Medical	54	34
OOPs Mali	44	44
Two Balls & A Strike	44	44
Big Pimpin'	44	36
Spaceballs	42	46
MSCO	41	47
METOC	40	48
NKW	38	50
Fire Balls	28	12
Alley-Gutters	22	66
Cunning Stunts	0	16
Six Pack	0	8

## NCAA FOOTBALL TOP 25 OCT. 7, 2001

<u>Team, Record</u>	<u>Points</u>
1. Miami, Fla, 4-0	1,449
2. Florida, 5-0	1,445
3. Oklahoma, 5-0	1,397
4. Nebraska, 6-0	1,325
5. Virginia Tech, 5-0	1,225
6. Oregon, 5-0	1,184
7. UCLA, 4-0	1,131
8. Washington, 4-0	1,061
9. South Carolina, 5-0	930
10. Fresno State, 5-0	927
11. Texas, 4-1	906
12. Michigan, 4-1	812
13. Florida State, 3-1	759
14. Tennessee, 3-1	650
15. Georgia Tech, 4-1	618
16. Purdue, 4-0	548
17. BYU, 5-0	515
18. Clemson, 3-1	388
19. Texas A&M, 5-0	329
20. Maryland, 5-0	298
21. Kansas State, 2-2	215
22. Stanford, 3-0	210
23. Toledo, 5-0	193
24. Northwestern, 3-1	177
25. Ohio State, 3-1	171

**Dropped from Rankings:** LSU  
**Others Receiving Votes:** Colorado, Georgia, Washington St., LSU, Illinois, Michigan St., Auburn, Marshall, Oregon St., Louisville.

## MAJOR LEAGUE BASEBALL FINAL STANDINGS

<u>American League</u>				<u>National League</u>					
<u>East</u>	<u>W</u>	<u>L</u>	<u>GB</u>	<u>East</u>	<u>W</u>	<u>L</u>	<u>GB</u>		
NY Yankees	95	65	-	Atlanta	88	74	-		
Boston	82	79	13.5	Philadelphia	86	76	2		
Toronto	80	82	16	NY Mets	82	80	6		
Baltimore	63	98	32.5	Florida	76	86	12		
Tampa Bay	62	100	34	Montreal	68	94	20		
<u>Central</u>				<u>Central</u>					
<u>W</u>	<u>L</u>	<u>GB</u>	<u>W</u>	<u>L</u>	<u>GB</u>	<u>W</u>	<u>L</u>	<u>GB</u>	
Cleveland	91	71	-	Houston	93	69	-		
Minnesota	85	77	6	St. Louis	93	69	-		
Chicago Sox	83	79	8	Chicago Cubs	88	74	5		
Detroit	66	96	25	Milwaukee	68	94	25		
Kansas City	65	97	26	Cincinnati	66	96	27		
				Pittsburgh	62	100	31		
<u>West</u>				<u>West</u>					
<u>W</u>	<u>L</u>	<u>GB</u>	<u>W</u>	<u>L</u>	<u>GB</u>	<u>W</u>	<u>L</u>	<u>GB</u>	
Seattle	116	46	-	Arizona	92	70	-		
Oakland	102	60	14	San Francisco	90	72	2		
Anaheim	75	87	41	Los Angeles	86	76	6		
Texas	73	89	43	San Diego	79	83	13		
				Colorado	73	89	19		

## NATIONAL FOOTBALL LEAGUE

<u>AFC</u>				<u>NFC</u>				
<u>East</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>East</u>	<u>W</u>	<u>L</u>	<u>GB</u>	
Miami	3	1	0	NY Giants	3	1	0	
Indianapolis	2	1	0	Philadelphia	2	2	0	
NY Jets	2	2	0	Arizona	1	2	0	
New England	1	3	0	Dallas	0	4	0	
Buffalo	0	4	0	Washington	0	4	0	
<u>Central</u>				<u>Central</u>				
<u>W</u>	<u>L</u>	<u>GB</u>	<u>W</u>	<u>L</u>	<u>GB</u>	<u>W</u>	<u>L</u>	<u>GB</u>
Cleveland	3	1	0	Green Bay	3	1	0	
Baltimore	3	1	0	Tampa Bay	2	1	0	
Pittsburgh	2	1	0	Chicago	2	1	0	
Cincinnati	2	2	0	Minnesota	1	3	0	
Jacksonville	2	2	0	Detroit	0	2	0	
Tennessee	0	3	0					
<u>West</u>				<u>West</u>				
<u>W</u>	<u>L</u>	<u>GB</u>	<u>W</u>	<u>L</u>	<u>GB</u>	<u>W</u>	<u>L</u>	<u>GB</u>
Denver	3	1	0	St. Louis	3	0	0	
Oakland	3	1	0	San Francisco	3	1	0	
San Diego	3	1	0	New Orleans	2	1	0	
Seattle	2	2	0	Atlanta	2	2	0	
Kansas City	1	3	0	Carolina	1	3	0	

## NATIONAL HOCKEY LEAGUE

<u>Eastern Conference</u>						<u>Western Conference</u>															
<u>Atlantic</u>			<u>W</u>	<u>L</u>	<u>T</u>	<u>O</u>	<u>Pts.</u>	<u>Central</u>			<u>W</u>	<u>L</u>	<u>T</u>	<u>O</u>	<u>Pts.</u>						
NY Islanders	2	0	0	0	4			Detroit	2	0	0	0	4								
Philadelphia	1	0	2	0	4			Columbus	0	0	3	0	3								
NY Rangers	1	1	0	0	2			Chicago	1	1	0	0	2								
New Jersey	0	1	0	0	0			St. Louis	0	0	2	0	2								
Pittsburgh	0	2	0	0	0			Nashville	0	1	1	0	1								
<u>Northeast</u>						<u>W</u>	<u>L</u>	<u>T</u>	<u>O</u>	<u>Pts.</u>	<u>Northwest</u>						<u>W</u>	<u>L</u>	<u>T</u>	<u>O</u>	<u>Pts.</u>
Boston	3	0	0	0	6			Calgary	2	0	0	0	4								
Montreal	1	0	1	0	3			Minnesota	1	0	1	0	3								
Toronto	1	1	1	0	3			Colorado	1	0	0	0	2								
Buffalo	1	1	0	1	3			Edmonton	1	1	0	0	2								
Ottawa	1	2	0	0	2			Vancouver	0	2	0	0	0								
<u>Southeast</u>						<u>W</u>	<u>L</u>	<u>T</u>	<u>O</u>	<u>Pts.</u>	<u>Pacific</u>						<u>W</u>	<u>L</u>	<u>T</u>	<u>O</u>	<u>Pts.</u>
Carolina	2	0	0	0	4			Dallas	1	1	0	0	2								
Atlanta	1	0	0	1	3			Anaheim	1	2	0	0	2								
Washington	1	1	0	0	2			San Jose	0	0	1	1	2								
Florida	1	2	0	0	2			Los Angeles	0	1	1	0	1								
Tampa Bay	0	2	0	0	0			Phoenix	0	1	1	0	1								

The following are the scheduled events for Oct. 9 through Oct. 21 as announced by MWR. Events are subject to rescheduling or cancellation, and times and dates may change after publication. Please contact MWR or the base gym for further details.

## Tuesday, October 9

0600	Aerobics Class	Base Gym
1730	Aerobics Class	Base Gym
1730	Tae Kwon Do/Self Defense Class	Base Gym
1730	Cardio Kickboxing	Base Gym
1800	Tennis Class	Tennis Court "A"
1800	9-Ball Pool Tournament	HTSB

## Wednesday, October 10

0600	Aerobics Class	Base Gym
1630	DGYC Sailing Regatta	Marina
1730	Aerobics Class	Base Gym
1800	Tennis Class	Tennis Court "A"
1900	Aikido Class	Base Gym
1900	Loaded	Island Room

## Thursday, October 11

0600	Aerobics Class	Base Gym
1730	Aerobics Class	Base Gym
1730	Tae Kwon Do/Self Defense Class	Base Gym
1730	Cardio Kickboxing	Base Gym
1800	Tennis Class	Tennis Court "A"
1900	Loaded	Yacht Club

## Friday, October 12

0600	Aerobics Class	Base Gym
1800	Tennis Class	Tennis Court "A"
1900	Aikido Class	Base Gym
2000	Loaded	Yacht Club

## Saturday, October 13

0900	Snorkeling Class	Marina
0900	Sailing Class	Marina
1200	Bowling Tournament	Bowling Alley
1730	Aerobics Class	Base Gym
1800	Tennis Class	Tennis Court "A"
2000	Loaded	Island Room

## Sunday, October 14

1200	Bowling Tournament	Bowling Alley
1730	Aerobics Class	Base Gym
1900	Loaded	Island Room

## Monday, October 8

0600	Aerobics Class	Base Gym
1730	Aerobics Class	Base Gym
1800	Tennis Class	Tennis Court "A"
1900	Aikido Class	Base Gym

## Tuesday, October 9

0600	Aerobics Class	Base Gym
1730	Aerobics Class	Base Gym
1730	Tae Kwon Do/Self Defense Class	Base Gym
1730	Cardio Kickboxing	Base Gym
1800	Tennis Class	Tennis Court "A"
1800	9-Ball Pool Tournament	HTSB

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0900	Sailing Class	Marina
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1730	Aerobics Class	Base Gym
1800	Tennis Class	Tennis Court "A"
2000	Loaded	Island Room

## Sunday, October 14

1200	Bowling Tournament	Bowling Alley
1730	Aerobics Class	Base Gym
1900	Loaded	Island Room

### CPO Club policy changed

The CPO Club is now  
 restricted to E-7 through E-9  
 paygrades only every day.  
 Equivalent civilian paygrades  
 are also welcome.

### The Island Thrift Shop hours

5-6 pm Tuesdays and Thursdays  
 2-4 pm Sundays  
 The Island Thrift Shop is  
 located in Seabreeze Village